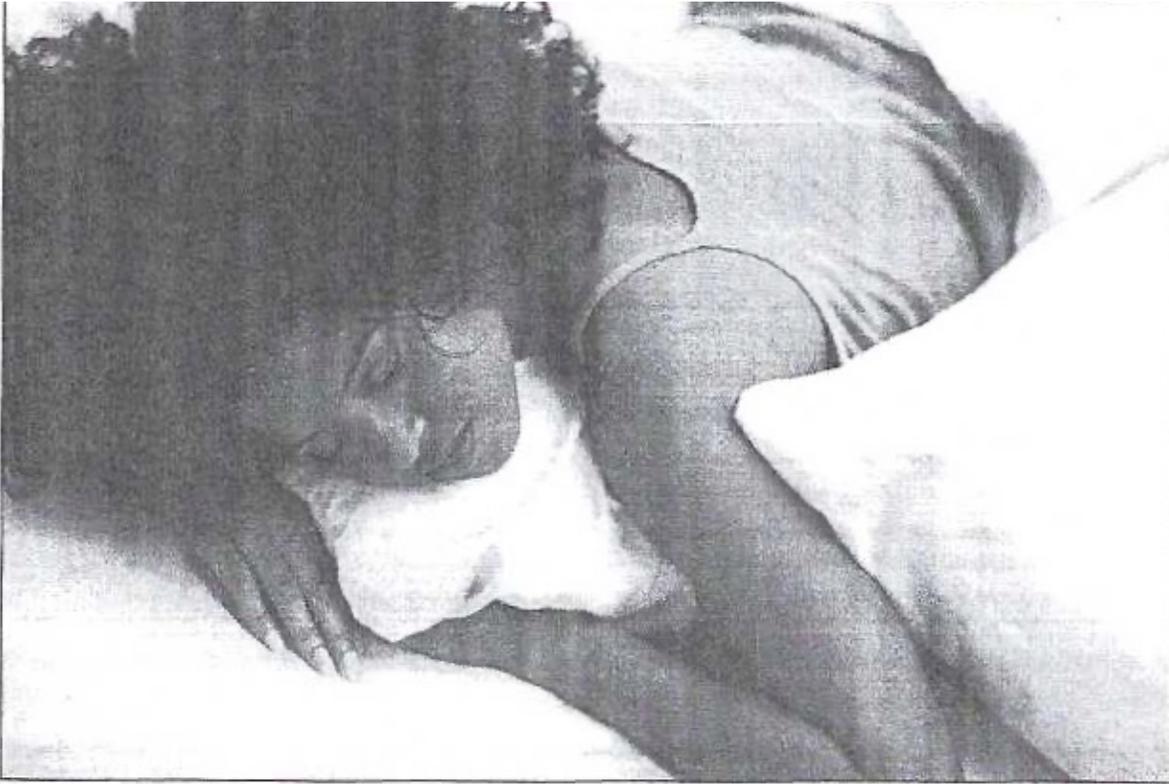


CHAPTER NINE – DREAM ON



BEFORE YOU READ. Look at the picture and read the title of the story.

1. Circle your answers and write them on the lines.

This person is _____

1. thinking
2. walking
3. sleeping

People sometimes _____

1. eat
2. dream
3. work

Do you dream at night?

1. Yes
2. No
3. Sometimes

2. Complete the sentence.

What do you dream about?

I dream about _____

DREAM ON

Stacy Tyler had a problem. She wanted to go to college, but she was not sure where she wanted to go. She was confused. Did she want to go to college near her home and stay with her friends? Or did she want to go to college in a different country and leave all her friends? She thought about her problem every day. She thought about it every evening too. One night, Stacy thought about her problem before she went to sleep. When she woke up the next morning, she knew the answer. She knew where she wanted to go to school. Stacy found the solution in her dreams.

Is this unusual? Many doctors say “No.” Dr. Gayle Delaney says that when we sleep, we can use our dreams to help us. Everyone has dreams every night. But sometimes we don’t remember our dreams. Dr. Delaney teaches people how to remember dreams. Then they can sometimes find answers to their problems. This is how to do it:

1. Choose a problem to dream about.
2. Write some sentences about your problem on a piece of paper and keep the paper by your bed.
3. Think about your problem as you fall asleep. Don’t think about other things.
4. When you wake up, write your dream on a piece of paper.
5. Think about your dream very carefully. Try to understand your dream.

That night, Stacy dreamed she was in a strange room with other people. All the other people spoke different languages, but Stacy wasn’t afraid. She was very excited and happy to be in a new place with new people. After this dream, Stacy knew what to do. What do you think she did?

READ ON TWO

1. **MAIN IDEA.** What is the most important idea of the story? Circle the letter.

- 1. Our dreams can help us solve our problems.
- 2. Stacy Tyler wants to go to college near her home.
- 3. Dr. Delaney teaches people to remember dreams.

2. **JUST THE FACTS.** Circle Yes, No, or I don't know.

1. Stacy was not sure where to go to college.	Yes	No	I don't know
2. Stacy only thought about her problem at night.	Yes	No	I don't know
3. Stacy's parents wanted her to go to college near home.	Yes	No	I don't know
4. Stacy decided to go to college near her home.	Yes	No	I don't know
5. Stacy decided to go to college in a different country.	Yes	No	I don't know
6. Stacy dreamed about her problem.	Yes	No	I don't know
7. Dr. Delaney teaches people about colleges.	Yes	No	I don't know
8. We don't always remember our dreams.	Yes	No	I don't know
9. Stacy will study French at her college.	Yes	No	I don't know

3. **LEARN NEW WORDS.** Choose the correct words. Write them on the lines.

carefully excited problem solution ~~strange~~ sure

- 1. Stacy dreamed she was in a strange room. She did not know the people in the room.
- 2. Stacy had a _____. She needed to find the answer.
- 3. The answer was in Stacy's dream. It was the _____ to her problem.
- 4. Stacy did not know where to go to college. She was not _____ what to do.
- 5. In Stacy's dream, she was very _____ and happy to be with new people.
- 6. When Stacy woke up, she thought about her dream very _____.

4. **WHAT HAPPENED FIRST?** Don't look at the story. Put the sentences in the correct order. Then look at the story to check your answers.

- 1. ___ Think about your problem as you fall asleep. Don't think about other things.
- 2. ___ Think about your dream very carefully. Try to understand your dream.
- 3. ___ Write some sentences about your problem on a piece of paper and keep the paper by your bed.
- 4. 1 Choose a problem to dream about.
- 5. ___ When you wake up, write your dream on a piece of paper.

5. **TALK IT OVER.** Write your answers on the lines. Then talk about them with a partner.

- 1. What was Stacy's problem?
Stacy didn't know
- 2. How did Stacy solve her problem?

- 3. Where did Stacy decide to go to college?

READ ON TWO

6. **WRITE IT DOWN.** Think about a problem that you have. Complete the first two steps on the chart below. Try to solve your problem in your dreams.

MY PROBLEM	
1. Choose a problem:	
2. Write two to three sentences about your problem:	

7. **TAKE A SURVEY.** Ask your classmates this question. Count their answers and put the numbers on the chart.

QUESTION	YES	NO
Do your dreams help you solve problems?		